

Y9 Personal Development (Assemblies and Workshops)

Dear Parent/Carer,

During the months of February and March we are excited to share with you the opportunities for your child's personal development. During the months different year groups will be able to experience assemblies and/ or workshops delivered by external agencies from around the country. This is a fantastic opportunity for our students to develop into positive role models and focuses on some of the areas in our RSE and Health Education curriculum and underpins our academies' wider curriculum delivery:

- emotional intelligence;
- understanding their own mental health;
- developing a positive self-image and self-worth;
- how to develop healthy relationships;
- responsibility for their own personal hygiene;
- how to keep themselves safe;
- understanding the importance of physical activity;

Student Voice overwhelmingly asked for us to contact a range of external providers and workshops to support this delivery and we are pleased to share these with you. This term, we are very lucky to host the Self Esteem Team, a national charity run organisation, to deliver to the Y9 cohort. During this workshop they will focus on Body Image:

'While teens have long struggled with body image, this generation have been thrust into a world of selfies, Photoshop, and social media – which has only upped the ante. In this class, students will take a critical look at the world around them, get to grips with the psychology that feeds into negative body image, and re-evaluate their self-worth to develop strategies to face the future'. Self Esteem Team, 2023

On the 9th of February, we are very lucky to be visited once again by South Yorkshire Police who will deliver an extended assembly on consent and the law. We are also excited to welcome the Youth Justice Service. They will deliver four workshops to half year groups on Friday 3rd and Monday 5th of February looking at being 'Relationship Ready' including boundaries and communication, consent and acceptable behavior including coercion manipulation and abuse, sexual harassment, sharing images and the law. The YJS will also discuss support.

As a school community, we are committed to working in partnership with parents; parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships education programme. If you would like to find out more or discuss any concerns, please contact Mrs Riley s.riley@shafton.outwood.com or Miss Kaye l.kaye@shafton.outwood.com

To support careers education and employability, students will experience assemblies on confidence, resilience and positive mindsets. Finally, our Anti Bullying Ambassadors are currently working on a number of projects in the academy in celebrating differences in all and having a respectful culture. We are working with CompassBe who have kindly offered to provide a workshop for our students to support their ideas. If you would like your child to attend this please complete the Google Form- they do not need to already be an Anti Bullying Ambassador- we would love as many students as possible attending the event on the 2nd of March ([Anti Bullying Ambassador Workshop](#)).

Yours sincerely,



Sarah Riley
Associate Assistant Principal



Laura Kaye
Associate Assistant Principal